

C l a s s r o o m C e l e b r a t i o n s

Holy Trinity Catholic School allows only healthy food choices for celebrations throughout the school year. Food items, excluding fruits and vegetables, must be **prepackaged** with ingredients listed on the package. Students are allowed to bring in only foods or beverages that meet the USDA Smart Snack Standards to celebrate their birthday. Suggested foods, beverages, and other items for celebrations are listed below.

Non-Food Options:

Invite a special guest to read a story
Donate a game/puzzle to the classroom
Play music and have a dance party
Donate a book to the classroom library
Give party favors to your classmates
Erasers
Sunglasses
Pencils
Glow sticks
Coloring/activity books
Yo-yos
Stickers
Colorful markers/pens
Bouncy balls
Bookmarks
Bubbles
Play-Doh
Squish balls
Stampers
Sidewalk chalk
Rulers
Silly putty
Stencils
Crazy straws

Smart Snack Approved Options Available for Purchase through the School Cafeteria:

Sidekicks
Otis Spunkmeyer cookies (made for schools)
Frozen treats

Food Options:

Low-fat string cheese or cheese cubes
Low-fat yogurt cups
Whole grain Teddy Grahams
Mini-bagels with low-fat spread or honey
Low-fat pretzels or popcorn
Vanilla wafers
Trail mix (without nuts)
Fruits
Vegetables
Low-sugar applesauce cups
Baked chips or whole grain chips
Hummus, black bean dip, salsa
Low-fat Chex Mix
Individual fruit cups packed in water
Baked Goldfish crackers
Frozen 100% juice popsicles
Small bottled water
Low-fat milk boxes
Sunflower seeds
Granola bars
Box of dried fruit (ex. Raisins)
Plain Animal crackers/Graham crackers