

# C l a s s r o o m C e l e b r a t i o n s

Holy Trinity Catholic School allows only healthy food choices for celebrations throughout the school year. Food items, excluding fruits and vegetables, must be **prepackaged** with ingredients listed on the package. Students are allowed to bring in only foods or beverages that meet the USDA Smart Snack Standards to celebrate their birthday. A list of Smart Snacks can be found here: <http://www.fns.usda.gov/healthierschoolday/tools-schools-focusing-smart-snacks>. Suggested foods, beverages, and other items for celebrations are listed below.

## **Non-Food Options:**

Invite a special guest to read a story  
Donate a game/puzzle to the classroom  
Play music and have a dance party  
Donate a book to the classroom library  
Give party favors to your classmates  
Erasers  
Sunglasses  
Pencils  
Glow sticks  
Coloring/activity books  
Yo-yos  
Stickers  
Colorful markers/pens  
Bouncy balls  
Bookmarks  
Bubbles  
Play-Doh  
Squish balls  
Stampers  
Sidewalk chalk  
Rulers  
Silly putty  
Stencils  
Crazy straws

## **Smart Snack Approved Options Available for Purchase through the School Cafeteria:**

Sidekicks  
  
Otis Spunkmeyer cookies (made for schools)  
  
Frozen treats

## **Food Options:**

Low-fat string cheese or cheese cubes  
Low-fat yogurt cups  
Whole grain Teddy Grahams  
Mini-bagels with low-fat spread or honey  
Low-fat pretzels or popcorn  
Vanilla wafers  
Trail mix (without nuts)  
Fruits  
Vegetables  
Low-sugar applesauce cups  
Baked chips or whole grain chips  
Hummus, black bean dip, salsa  
Low-fat Chex Mix  
Individual fruit cups packed in water  
Baked Goldfish crackers  
Frozen 100% juice popsicles  
Small bottled water  
Low-fat milk boxes  
Sunflower seeds  
Granola bars  
Box of dried fruit (ex. Raisins)  
Plain Animal crackers/Graham crackers